

Wellness Consultation:
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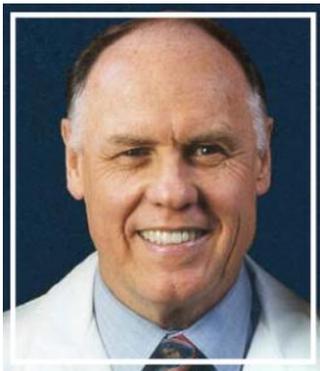
DWC Newsletter

Issue 40



*"Spring adds new beauty and new life to all that is."
- Jessica Harrelson*

A Note from Dr. McBride



Spring is a time of rebirth and renewal. Each of us here at the The Dental Wellness Center is proud of our purpose of patient education and involvement as if offers us a wellspring of opportunity for continuing improvement and growth for all concerned.

Jump into Spring and join us in the discovery of what you truly want to achieve with your oral health goals. Give yourself the gift of overall health.

DWC Education Corner

The Meet Up Experience at the Dental Wellness Center

By Cindy L. Endres, MBA, Operations Manager

We are happy to see so many of our patients interested in our educational programs. It is important to all of us staff members to be able to deliver services to you that benefit your overall health. That is why we thought it would be great to reach out to the community and our dental family to see who we could help spread the word about what we do and how we help those visit the office to see Dr. McBride and our hygienist Janell.

Education is the foundation of the Dental Wellness Center and if you have been lucky enough to get to know Dr. McBride, it is the cornerstone of his legacy for not just his patients, but for future patients that are referred to us time and again. We want the many years of expertise Dr. McBride has provided within the scope of his services to impact your lives, but also those around you. Sharing that message is extremely powerful and at the same time empowering.

If any of you were to visit the DWC website, you will find a knowledge base that spans decades of experience through the personal voice of Dr. McBride to his patients. There you will find more than 90+ articles about every aspect of holistic dental health and our practice. Each time Dr. McBride touches on a topic with a patient, it becomes part of our knowledge base to continue the educational process. He truly wants you to learn about why and how you are being treated.

From our new patient interviews, we've discovered that it is not uncommon that many traditional, insurance based dental practices push through treatment on as many patients each day and as quickly as possible. Here at the Dental Wellness Center we take the time to truly get to know you as an individual – a person with individualized needs and desires to get you on the road to a healthy lifestyle – starting with your oral health.

Our new Family Meet Up experience allows patients to...[Read Full Article](#)

In the News

Cell Phone Radiation - What You Need to Know

By Mike Adams, NewsTarget

YOUR CELL PHONE'S RADIATION IS CAUSING MERCURY FROM YOUR DENTAL FILLINGS TO BE RELEASED INTO YOUR BODY'S VITAL ORGANS.



A fascinating scientific study has found that using mobile phones can accelerate the release of toxic mercury from dental fillings. This is especially noteworthy given that many people hold their mobile phones right next to their jaws when talking on them.

The study is one of millions linked on SCIENCE.NaturalNews.com, which hosts over 12 million published scientific studies from around the world. You can also find the abstract at the National Library of Medicine. A similar study which looked at MRI fields instead of...

[Read Full Article](#)

Upcoming Events

Webinars

Presented by the Dental Wellness Center

Temporomandibular Joint Dysfunction (TMJ) Webinar

"TMJ" can occur from a traumatic blow to the joint(s), an improper bite relationship between the upper and lower teeth, or a combination of the two. The problem can also be magnified with certain general health conditions, such as osteo and rheumatoid arthritis. So, when someone says that they have "TMJ," they are really saying that they have symptoms having to do with their temporomandibular joints and adjacent areas. Dr. McBride discusses his approach in assessing and treating TMJ disorders in this informative webinar to be released May, 2019.



Silver Diamine Flouride (SDF) with Janell Leanillo, DWC Hygienist

Great News! A new product that has a silver component similar to Dr. Black's silver nitrate solution called Silver Diamine Fluoride (SDF) has been found to arrest the decay process by killing the decay producing bacteria in both small and deep cavities. In children, unless the decay has caused structural damage to a tooth, treatment with this material may be all that is needed with no tooth repair. The Food and Drug Administration cleared silver diamine fluoride for use as a tooth desensitizer for adults 21 and older, and studies show it can halt the progression of cavities and prevent them.



View the recorded Webinar NOW! >> [Click Here](#)

Health Corner

Presented by the Dental Wellness Center

Laughing is Healthy!

There are so many wonderful reasons to laugh and many of them are health benefits! So, let's laugh!

LAUGHTER:

- Protects the Heart ♥️
- Reduces Stress Hormones
- Relaxes Muscles & Eases Tension *DWC Facebook Post March 20, 2019*



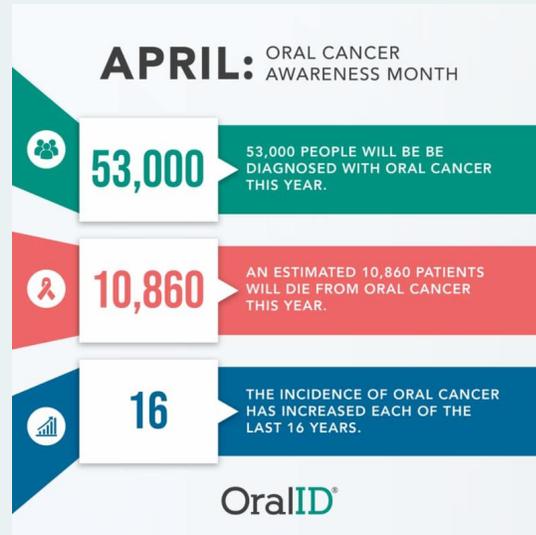
- Replenishes the Lungs
- Increases Endorphins in the Brain
- Increases Immune System Function

Cancer Screening

Oral Cancer is on the rise. Have you been screened?

Oral cancer is divided into two categories – those occurring in the oral cavity (your lips, the inside of your lips and cheeks, teeth, gums, the front two-thirds of your tongue and the floor and roof of your mouth) and those occurring in the oropharynx (middle region of the throat, including the tonsils and base of the tongue).

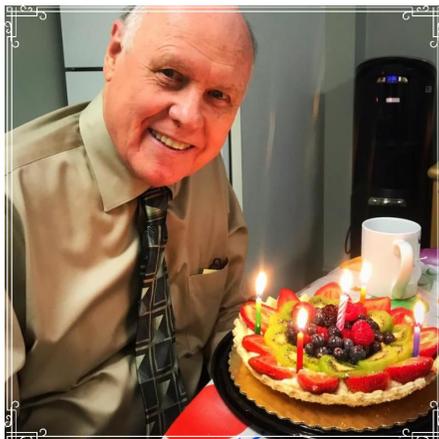
Early detection may result in better treatment outcomes and may help keep you or someone you love from becoming one of the 10,860 people whose lives may be claimed this year by the disease. The 5-year survival rate of those diagnosed is approximately 60 percent. Contact the staff at the Dental Wellness Center to get more information and request a screening.



Patient Video

TMJ Treatment Experience

Patient Patty Ortloff describes the years of pain she overcame after being treated by Dr. McBride with his holistic approach and life-changing therapies.



Dr. McBride's March Birthday Celebration

Patient Testimonials

LeeLee Gou

★★★★★ 5 star review

I have been Dr. McBride's patient for over 6 years. I don't mind driving about an hour from OC because:

- 1) I get great ☑ care from Dr n staff.
 - 2) Dr n staff takes time to answer my many questions respectfully.
 - 3) Dr really practices "holistic " dentistry.
 - 4) Dr only do necessary dental work. He does it very efficiently.
- I appreciate his integrity and transparency!



Ethel Powers

★★★★★ 5 star review

My first experience with holistic dentistry. I learned so much about why dental health is important and not just getting the procedures. Each experience is specialized and tailored to each patient. One procedure does not fit all at Dental Wellness Center.

Christine Jira

★★★★★ 5 star review

This office is one of the only Holistic dental offices around. The dentist is very knowledgeable, the hygenist is too and the rest of the staff is very helpful. You can trust them to put you first.

Plumeria Flower

★★★★★ 5 star review

Dr. McBride and staff are working hard to get my teeth in line. Its truly an on going process with the Dental Wellness Team. I am proud to be with this excellent Team for my dental needs.

Maya N.

★★★★★ 5 star review

Amazing staff, excellent dental care, and well worth the expense to know they won't be pushing dangerous chemicals and toxins.

Brianna Garcia

★★★★★ 5 star review

Impeccable service. I will never step foot in a conventional dentists office again. Dr McBride is amazing. He's extremely informative and open to questions and wants you to understand and learn anything and everything you can about your mouth and oral health. Things I've never known my entire life and things no other dentist has ever explained to me I've learned here. All staff is so friendly and helpful. I would definitely recommend.

Social Media Fun





Patient Bruce, Dr. McBride's brother-in-law, always smiling at the DWC.



Mother-Daughter Day at the DWC with Monroe, Erika, and Georgia.



Bodhi's 1st visit at the DWC. He loves his auntie!



It's a family affair with the Campos family!



David is awarded "Outstanding Patient".



Maria is now Mercury Free and so happy!



Bea loves her dentist. 



Ilda is loving her new smile - just in time to go home to Switzerland.



Jude's 1st appointment at the DWC.



Susana loves her dentist and Buddy our puffer fish. ❤️🐟🐟



Harper is watching her mommy getting her teeth cleaned. It is Harper's first visit.



Vicky had all of her mercury fillings safely removed and she is now MERCURY FREE! No more toxic mercury vapors.



CPR Training Day at the DWC! Keeping our dental family safe.



After Maria's new patient exam she is back with her son, Albert to review Dr. McBride's findings in the DWC consult room.



Michael is a happy new patient! He came in for a 2nd opinion. His dentist wanted to do a root canal. Dr. McBride says he doesn't need one.



5 ☆☆☆☆☆ rating from patient Daniel. He loves our service at the DWC.



Mom Lisa with daughters Noemi and Sofia looking great!



Mother-daughter day with Macy & Mia.



Our hygienist Janell with patient Kacie keeping healthy with her periodic cleaning. Looking great Kacie!



Ryan looking cool after his treatment at the DWC.



Maya did a great job helping Doc fill her cavity. Team work!



[Click](#) for the story behind my SMILE :-)

Thank you for your participation in reading the latest news from Dr. McBride's office. The Dental Wellness Center Staff looks forward to seeing you soon! Don't forget to stop by and see what's new at the DWC!

Enjoy the beauty that Spring has to offer!

Leanne Sabo
Dr. McBride's Office

Connect With Us

