



Dental Wellness Center

SUMMER 2014

Issue: 21

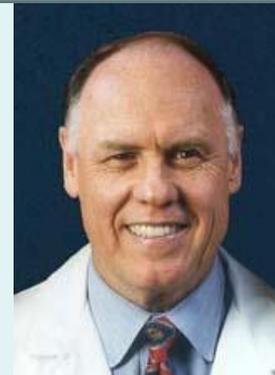
Note from DOC



Summertime is a wonderful time of year in Southern California—a time to enjoy the outdoors and a time to vacation with family. Speaking of family, one thing I am very grateful for is the fact that so many of you refer your family and friends to me. It is very gratifying to know that I am treating a new generation of patients who have been referred by parents and grandparents. I appreciate the confidence and trust that has been developed over time and I want to take this opportunity to thank you. Have a great summer and don't forget your sunscreen!

Dr. McBride

Child's First Dental Visit



TOPICS:

[CHILDS FIRST DENTAL VISIT](#)

[DR. MCBRIDE'S NEXT PRESENTATION](#)

[THERMOGRAPHY -SAFE-NON INVASIVE BODY IMAGING](#)

[TESTIMONIALS](#)

QUARTERLY QUOTE

*"Tell me and I'll forget;
Show me and I'll remember;
Involve me and I'll learn."*

-Ben Franklin

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We are often asked when should a child first see a dentist. I believe the right answer takes several factors into consideration. First and foremost is that it needs to be a positive experience for the child. Children of our adult patients bring them in along with them early on to get a feel for the office and see that what's being done with mom or dad is OK and a normal thing to do. Children are quite unique in their development - emotionally and physically, so there is no exact time for the first visit with all that we do to assess the child's oral system. Between the age of three and four, all of the primary teeth have come into the mouth. The child's dental examination would consist of several things. One is assessing the child's home care with mom. A pH test is performed to assess whether the child's oral cavity has an acidic, neutral or alkaline environment. An acidic oral environment supports the decay process, so we recommend protocols to develop a neutral or slightly alkaline oral pH. Bacterial plaque causes both tooth decay and gum inflammation, and if present we may disclose it with a dye that colors only the plaque, not the tooth structure. This is most often an eye-opener for parents as plaque is virtually invisible without it. The teeth are examined for decay visually along with bite wing x-rays if the child is cooperative. They show cavities between teeth that cannot be seen visibly unless they are quite large. Also quite important is assessing the child's occlusion, or the way the teeth fit together. This is important not only for a future smile, but functionally as well. Teeth that don't fit together properly can cause tooth wear and

TESTIMONIAL S

"Everyone was extremely friendly."

Dr. McBride educated me regarding teeth generally and my situation specifically. I am very pleased with the service I received. Even though there are dentist offices closer to me and more convenient for me, I will have my dental needs met at Dr. McBride's Office.

-Cheryl J.

"The hygienist did an excellent job with x-rays and teeth cleaning."

I was sad to hear that she is leaving.

-Roger J.

"Very Informative and concerned on making sure your on the right path to health!"

-Jeremy F.

headache symptoms, even at an early age. So, depending upon the emotional maturity of the child, the first visit may just include simply riding up and down in the chair and "counting the teeth." The most important thing is that the dental visit should be seen by the child as a positive thing and we won't bend that rule just to get everything done at once. If we make the first visit a positive one, even if "incomplete," we will be making sure that the next one will be a winner



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Dearest Patients of the Dental Wellness Center,

With great sadness, the time has come to say farewell; a new adventure is in store for my husband and myself, for we have relocated to San Diego. Although I am heartbroken to say goodbye to such a wonderful dental practice and staff, I am thrilled for what's in store for our future; we both found wonderful jobs and will also be partners in an independent coffee shop in the heart of San Diego. I would like to thank each and every one of you for the opportunity I had to help, advise, and build such wonderful relationships. I learned so much from everyone and will miss you dearly.



I would also like to announce the new hygienist that will be taking over the hygiene department, her name is Janell Leanillo, and she was a classmate of mine at West Coast University. She is a wonderful person, who's enthusiastic about our profession and I feel will be a great asset to the Dental Wellness Center. Have fun getting to know her!!!

"Awesome experience at Dr. McBride's office for my teeth cleaning!"

Valeria was very knowledgeable, and taught how to properly brush, floss, and OIL PULL! The experience was so very different than any other dentist office -- it was actually

ENJOYABLE! If you haven't been to see a holistic dentist before, that you haven't been to a true dentist at all. Please give Dr. McBride's office a go -- you will be so happy you did.

-Stefanie B.

"I have known Dr. McBride for over 40 years."

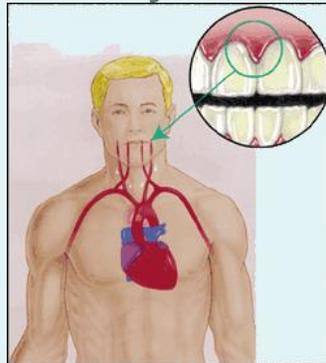
He is the most pain free dentist I have ever known. Because of insurance requirements I am unable to go to Dr. McBride for maintenance of my mouth, however, when I need



Thank you again, and if you ever find yourself in San Diego, join me for a coffee at the Ceremony Coffee Bar.

Love,
Valeria Moran

Doc's Talks
By reservation only
"Mouth-Body Connection"



WHO:
Dr. Robert P. McBride

WHAT:
Discover the Mouth-Body Connection. Robert McBride, D.D.S., M.A.G.D. will be sharing his valuable message about the importance of oral health and how it is related to your overall health (gum disease, heart disease, TMJ; head/neck pain, vertigo, mercury/amalgam fillings, inflammation, diabetes, etc.)

PRESENTATION TESTIMONIAL:
"Thank you for your focus on finding root causes, prevention, and education of patients. I am a holistic nutritionist and I am glad to have a great holistic-minded dentist to whom I can refer clients. I am looking for a new dentist myself!" -Lynda B.

something done that requires good dental work I always go to Dr. McBride. I have never been disappointed. He is the best!!!
-Edna G.

"My wife has been seeing Dr. McBride for years, and loves the practice."

My Dentist retired and I needed a new Doctor. I was extremely satisfied with my experience. I look forward to future visits. I had an amazing experience.
-Byron B.

"Great as always. With the care that I am getting, my gum health has been continually improving."

Top notch Dentist and Hygienist! I look forward to every visit.
-Arpad B.

"Great and super knowledgeable!"
-Amanda N.

WHEN:

Wednesday, July 30th at 6:30pm

WHERE:

The Dental Wellness Center

5406 E. Village Road
(Bellflower and Carson)
Long Beach 90808

CALL:

Leanne 562-421-3747
(seating limited)

HELP ANOTHER AND

 [Forward to a Friend](#)

Someone who has dental problems or fears, bad breath, unresolved headaches, neckaches, vertigo, or jaw pain.

The Dental Wellness Center presents
SAFE Non Invasive Body Imaging
Thermography Screening Day



HOW DOES IT WORK?

Thermal Imaging (Thermography) is a completely SAFE, body scanning procedure that has been approved by the FDA, and many other leading Councils, Associations, and Academies in the medical field. This imaging technique provides valuable information about your current health. The DITI (Digital Infrared Thermal Imaging) camera scans the thermal patterns of your skin and converts them into an image.

Our bodies were designed symmetrically, so by comparing and measuring the thermal patterns, we can identify signs of potential disease, especially pain and inflammation. This test can provide multiple clues to the health conditions

"My first visit was a very positive experience."

It was more informative and thorough than any other dental office visit I have ever had.

-Gary T.

"I've never experienced a dentist who practices with greater care and concern for the complete wellness of his patients better than Dr. McBride."

Both he and his highly passionate, professional staff provide a variety of effective holistic services that treat both dentistry and additional related services that affect over all major health concerns. I've been under Dr. McBride's care for a few years now and I can

honestly say that much of my general health has improved significantly because of it.

-John A.

within your body. It can detect early on, the precursors to many types of cancers, years before the cancer reaches a stage that becomes more serious to treat.

Thermal Imaging (Thermography) is especially beneficial for breast health, because it can identify abnormalities 8-10 years sooner than invasive mammograms. The good news is, Thermography is SAFE! No radiation, No contact, No compression, No pain! This test should be the very first clinical breast exam a young woman has in her life, as early as 18 years old.

WHEN:

Saturday, July 19th

WHERE:

The Dental Wellness Center

5406 E. Village Road
(Bellflower and Carson)
Long Beach 90808

CALL:

Leanne 562-421-3747
(reserve your hour)

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